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DEAR COLLEAGUES,

Content: 2023 in numbers, publishing guidelines promoting research integrity, teaser of new articles

2023 was the first complete year after the renewal of the EJMHS: the staff has made changes in the authors’ guidelines, pre-review process, publishing policy and pace. We call it a successful year as the new processes are working out well, and until November 2023, we count 97 submitted, and 13 published manuscripts. 32 reviewers, 5 editors, 33 board members, and 2 language proofreaders have been involved this year in pre-screening, screening and reviewing the manuscripts. ***The editorial office would like to say thank you to all our authors, reviewers and board members.***

On research integrity: Open-access science provides the possibility of new models of publication, greater visibility, and easier access to more diverse research outcomes. Yet many journals going for rapid scientific expansion can make research with questionable quality and ethical approaches available, as well. While EJMHS, as a university-owned journal also remains free and open-access, we **screen for quality and value high research integrity, therefore:**

- EJMHS applies a four-step pre-screening process as a prerequisite for submitting to double-blind peer reviews: *screening for meeting formal requirements, content and methodology checkup, and pre-screening by a specialist editor and by a board member.*
- Manuscripts passing the pre-screening are anonymized and sent to two to three independent, expert reviewers. Reviewers may be independent experts holding a doctoral degree or having an equivalent amount of research experience; or they might be members of the Editorial Board. A specialist editor accompanies this review process.
- Authors are asked to declare that their research was original and that they conducted it according to the highest possible ethical and methodological standards. We also ask for each author’s contribution to the research, and their declaration of interest, based on the criteria of the International Committee of Medical Journal Editors Acknowledgements.

Our latest published article by [Erdős](#) assessed motivations for smoking in a sample of police students, as a high-risk population. Social reasons, boredom-relief, and self-confidence boosting are discussed as the most important outcomes. [Zábó et al.](#) describe the Hungarian validation of a measurement tool to assess positive psychology’s construct on character strength, including wisdom, knowledge, courage, humanity, justice, temperance, spirituality and transcendence. The importance of studying these values lies in their positive relationship to physical, emotional, social, and spiritual aspects of well-being, satisfaction with life, flourishing, and resilience. [Tremblay and Gordon’s qualitative research](#) is the first in its kind to explore perceptions and personal understandings relating to the potential for nonattachment to foster mental health. [Ember et al.](#) studied the motivations for spatial mobility of the Roma minority in light of their mental well-being, social connectedness, and economic situation. The novelty of the research is the comparative analysis of three different Roma groups.

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We wish you a wonderful holiday season and a happy New Year!

Sincerely,
[EJMHS Editorial Office](#)

EJMHS IN 2023



13/97
NUMBER OF PUBLISHED
ARTICLES FROM THE
SUBMITTED ARTICLES
(97)



32
REVIEWERS



5
EXPERT EDITORS



33
EDITORIAL
BOARD
MEMBERS



2
LANGUAGE
PROOFREADERS

