



European Journal of Mental Health
Well-being in social and ecological context



EJMH Special Call for Mental Health in the Digital Era

The *European Journal of Mental Health* invites you to submit your manuscript to its **Mental Health in the Digital Era** thematic compilation, exploring the profound psychological, developmental, social, ecological, and public health impacts of digital transformation across the lifespan. The compilation will include selected peer-reviewed original research articles, perspective articles, and reviews, **published free and open-access in the academic year of 2026-2027**.

The submission deadline is May 31, 2026.

Digital transformation lies at the heart of our everyday reality, from remote working and AI-powered learning to healthcare, parenting, and social connect-edness. Although technological advances provide new tools for mental health promotion, they also introduce novel stressors, ethical dilemmas, disparities, and unintended consequences.

This issue aims to promote rigorous, interdisciplinary research by integrating the fields of psychology, psychiatry, sociology, education, public health, and developmental and ageing sciences to explore the intersection of AI and digital technologies with mental well-being across the lifespan. Therefore, we invite manuscripts on the following, but not exclusive, topics:

Interpersonal Relationships and Family Dynamics

- ▶ In what ways are social media and AI-mediated communication altering bonds within families, among partners, and in peer groups?
- ▶ How do extended digital networks support or challenge emotional intimacy, trust, conflict, and boundary setting?

Child and Adolescent Development

- ▶ To what extent does excessive exposure to screens, AI chatbots, and various apps in early life influence cognitive, social-emotional, and identity development? What is the current evidence on the developmental risks and benefits?
- ▶ How can families establish positive media habits?

Education, Health Care, and Social Services

- ▶ What are the psychological effects of AI-assisted teaching, learning, telehealth, and digital therapy on service users and providers?
- ▶ How can training programs and interventions address the challenges of the digital era and promote wellbeing among students and staff?

Work, Employment, and Well-being

- ▶ What are the mental health effects of AI technologies, automation, digital workplace monitoring, algorithmic management, and remote working on employees and professionals?
- ▶ How can organizations, policymakers, and clinicians harness technology to promote psychological resilience, prevent burnout, and support adaptive working environments?

Ageing

- ▶ How are older adults experiencing digital inclusion or exclusion in healthcare, social participation, or emotional support systems?
- ▶ What interventions can reduce isolation, build digital competence, and enhance life satisfaction among older age groups?

Ecology of Mental Health: Social-Ecological and Lifespan Perspectives

- ▶ How can we conceptualize digital exposure as an ecological condition, influencing mental health at multiple systemic levels—individual, familial, institutional, and societal?
- ▶ How can AI technologies improve the assessment, diagnosis, and treatment of mental health problems?

Manuscript submission information

Manuscripts should be submitted via email: ejmh-editor@semmelweis.hu by the deadline below.

We are inviting new **quantitative** and **qualitative studies**, as well as comprehensive (**narrative, scoping, and systematic**) **literature reviews** and **meta-analyses** inspired by theoretical or practical dilemmas. EJMh also welcomes **perspective articles** on fundamental concepts or common ideas on the intersection of AI, digital technology, and mental health.

For planned papers, a **title** and **short abstract** (max. 2000 characters including spaces) should be sent to the Editorial Office by **April 30, 2026**.

The final submission deadline is May 31, 2026.

All manuscripts that pass pre-screening are thoroughly refereed through a double-blind peer-review process.

There is no Article Processing Charge (APC) for publication in this open-access journal.

Please visit the [Author Guidelines](#) page before submitting a manuscript.

Sincerely yours,



Prof. Dr. Beata Dávid
Editor-in-chief